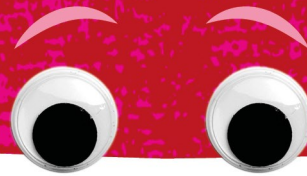


Allergy information available on request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main

Macaroni Cheese (v)

Chicken Sausage & Crushed New Potatoes

Roast chicken with Roast Potatoes and Gravy

Beef Bolognese with Pasta

Fish Fingers and Chips

Vegetarian

Crispy Chickpea Rice (v)

Vegan Sausage and Crushed New Potatoes (v)

Chana Masala with Bombay Potatoes (v)

Pesto Pasta (v)

Veggie Nuggets and Chips (v)

3rd Options

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Pasta bar with cheese & tomato sauce.

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Pasta bar with cheese & tomato sauce.

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Vegetables

Hot Seasonal Vegetables

Hot Seasonal Vegetables

Hot Seasonal Vegetables

Hot Seasonal Vegetables

Hot Seasonal Vegetables

Dessert

Flapjack

Autumn Cake

Cinnamon Sponge

Fruit Jelly

Fruit Mousse

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

30th Oct, 20th Nov, 11th Dec, 1st Jan, 22nd Jan, 12th Feb, 4th Mar, 25th Mar

Allergy information available on request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main				
Cheese and Tomato Wholemeal Pizza (v)	Seasoned Chicken Wrap	Beef Chilli con Carne on a Jacket Boat	Chef's Special Chicken Curry with Rice	Fish Fingers and Chips
3rd Options				
Broccoli and Cauliflower Cheese Rice Bake (v)	Veggie Burrito (v)	Red Pepper and Bean Biryani (v)	Vegetable Risotto (v)	Halloumi Burger and Chips (v)
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta bar with cheese & tomato sauce.	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta bar with cheese & tomato sauce.	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Fruit Shortbread	Vegan Berry Cake	Autumn Crumble Traybake	Vegan Brownie	Strawberry Mousse
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

6th Nov, 27th Nov, 18th Dec, 8th Jan, 29th Jan, 19th Feb, 11th Mar

Allergy information available on request

13th Nov, 4th Dec, 25th Dec, 15th Jan, 5th Feb, 26th Feb, 18th Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main				
Roasted Tomato and Pesto Pasta (v)	Moroccan Chicken with Rice	Beef Meatball Bake with Crispy Potatoes	BBQ chicken with wedges	Fish Fingers and Chips
Vegetarian				
Chickpea and Spinach Curry with Rice (v)	Veggie Pizza (v)	Vegan Meatball Bake with Crispy Potatoes (v)	BBQ Quorn with wedges	Loaded Vegan Sausage and Chips with Curry Sauce (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta bar with cheese & tomato sauce.	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta bar with cheese & tomato sauce.	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Oat Fruit Slice	Sticky Orange Cake	Berry Crumble Traybake	Fruit Shortbread	Chocolate Mousse
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt



Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.