



THE URSULINE PREPARATORY SCHOOL ILFORD

Year Group: 1		SPRING TERM 2025		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning activities 8.40am-8.50am Prayer & Reflection 8.50-8.55	Morning activities 8.40am-8.50am Prayer & Reflection 8.50-8.55	Prayer & Reflection 8.40-8.55	Morning activities 8.40am-8.50am Prayer & Reflection 8.50-8.55	Morning activities 8.40am-8.50am Class assembly
English 8.55am-10.15am	Phonics -08.55-09.25 English 09.25-10.15	Phonics -08.55-09.25 English 9.25am-10.15am	Phonics -08.55-09.25 English 9.25am-10.15am	PE 09.00-10.00 Phonics 10.00-10.15
KS1 10.15 10.30 am Break				
Music 10.30am-11.00 am Mathematics 11.00-11.25	Mathematics 10.30am-11.25 am	Mathematics 10.30am-11.25 am	Mathematics 10.30am-11.25 am	Phonics 10:30-10:50 English 10.50-11.25
KS1 11.30 – 12:30pm Lunch Time				
PSHE 12.30pm-1.05pm Spanish 1.05pm-1.45pm	Science 12.30-1.45 pm	Computing 12.30pm-1.30pm Newsround/Story time- 1.30-1.45 pm	Humanities 12.30-1.45	Mathematics 12.30-1.45
Afternoon Break 1.45pm-1.55pm	Afternoon Break 1.45pm-2.00pm	Afternoon Break 1.45pm-2.00pm	Afternoon Break 1.45pm-2.00pm	Afternoon Break 1.45pm-2.00pm
Singing Assembly 1.55-2.15 Creative Writing 2.15pm-3.15 pm Homework preparation and Dismissal- 3.15-3.25 pm	Maths 2.00pm-2.30pm R.E. 2.30pm-3.10pm Class Story 3.10-3.20 pm Dismissal-3.25 pm	PE 2.10pm-3.20 pm Dismissal-3.25 pm	Art/DT 2.00pm-3.00pm	RE- 2.00-3.15 Dismissal-3.25 pm
			Merit Assembly 3:00-3:20	