

Week 1

WEEK COMMENCING: 29TH OCT / 19TH NOV / 10TH DEC / 7TH JAN / 28TH JAN / 18TH FEB / 11TH MAR / 1ST APR

MONDAY

Chicken Sausages with Mash & Gravy
Vegetarian Sausages with Mash & Gravy

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Carrots
Peas

Apple Crumble with Custard

TUESDAY

Chicken Chow Mein
Fry's Pasta Bake

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Green Beans
Spring Greens & Onions

Sticky Toffee Pudding with Custard

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Sticky Vegetarian Sausages with Roast Potatoes & Gravy

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Broccoli
Green Beans

Frozen Strawberry Yoghurt

THURSDAY

Chicken Pizza
Margherita Pizza

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Roasted Vegetables
Sweetcorn

Orange Jelly with Mandarin

FRIDAY

Salmon or White Fish Fingers & Chips
Vegetarian Frankfurter with Chips

Jacket Potato with Salmon Mayo Beans, Cheese, or Coleslaw

Baked Beans
Peas

Chocolate Muffin

Week 2

WEEK COMMENCING: 5TH NOV / 25TH NOV / 17TH DEC / 14TH JAN / 4TH FEB / 25TH FEB / 18TH MAR

MONDAY

Beef Chilli Con Carne with Rice

Macaroni Cheese

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Broccoli
Sweetcorn

Apple Strudel with Custard

TUESDAY

Chicken Korma with Rice
Tomato Pizza Puff with Wedges

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Peas
Roasted Cauliflower

Peach Crumble with Custard

WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
Roast Vegetarian Strips with Roast Potatoes & Gravy

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Carrot & Sweet Mash
Green Beans

Mixed Berry Muffin

THURSDAY

Piri Piri Chicken Pizza
Margherita Pizza

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Carrots
Sweetcorn

Baked New York Cheesecake

FRIDAY

Salmon or White Fish Fingers & Chips
Vegetarian Burger in a Bun with Chips

Jacket Potato with Tuna Mayo Beans, Cheese, or Coleslaw

Baked Beans
Peas

Chocolate Sponge with Chocolate Sauce

The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

